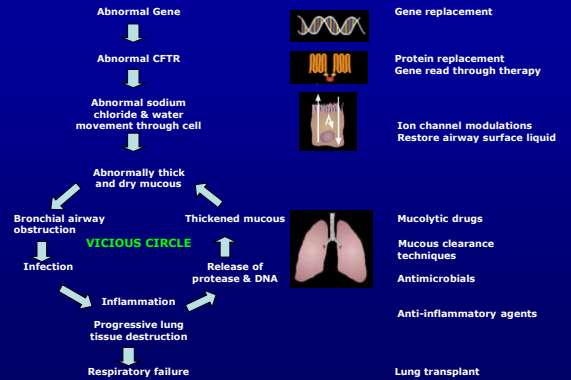


# Cystic Fibrosis the future

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Revalidatiecentrum voor kinderen en jongeren, respiratoire afdeling  
UZ Gasthuisberg, mucoteam Leuven



## Pathophysiologic cascade

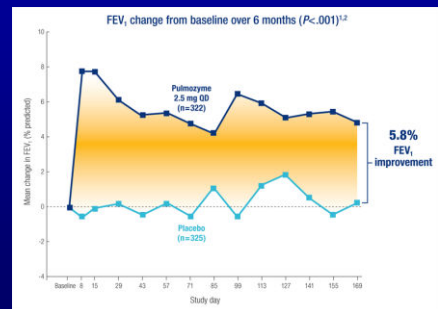


## Pulmozyme®



= DNase  
lysis of DNA bacteria and inflammatory cells  
Stabilisation of lung function  
Aerosol 1 x / day  
➢ ≥5 years old  
➢ LF < 10% decline/year  
Side effect: hoarseness

## Pulmozyme®



## Tobi®

Inhalation of tobramycin  
chronic colonisation of *Pseudomonas aeruginosa*  
stabilisation of lung function  
less respiratory exacerbations  
side effect: resistance  
hoarseness and tinnitus

## Tobi®

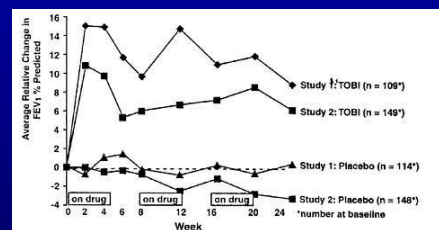
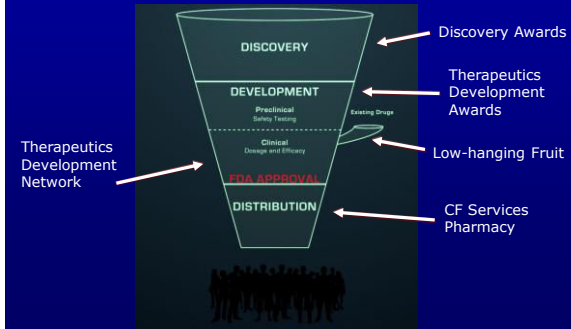


Figure 1: Relative Change From Baseline in FEV<sub>1</sub> % Predicted

## Therapeutics Development Program



2002



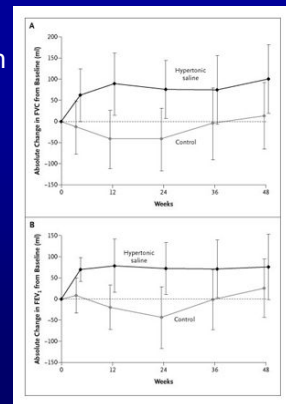
2004

## Hypertonic saline

- NaCl 7%
  - osmotic effect
  - less respiratory exacerbations
  - slight improvement of lung function
  - side effect: bronchospasm, dyspnea, pharyngitis

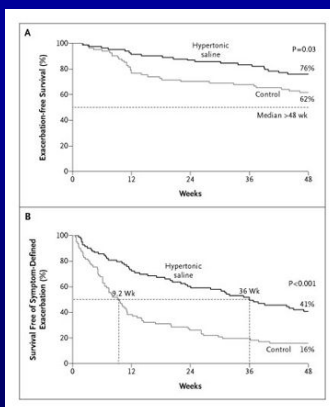
NEJM 2006 354,3

## Lung function



NEJM 2006 354,3

## Exacerbations



NEJM 2006 354,3

## Azithromycin

Anti-inflammatory properties:

- inhibits biofilm formation, quorum-sensing of *P. aeruginosa*
- stimulates phagocytosis
- reduces mucus production and cytokine production

- Stabilisation of lung function
- Less respiratory exacerbations
- Less use of antibiotics

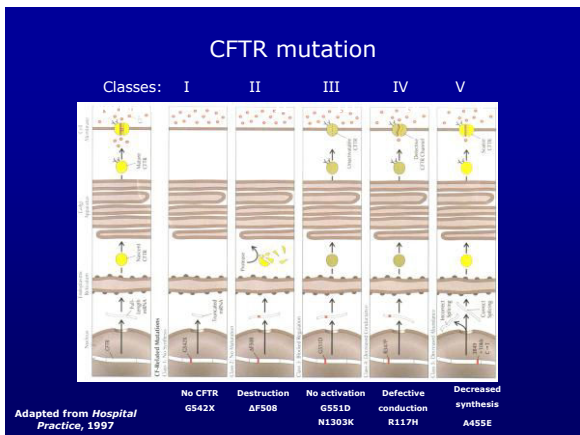
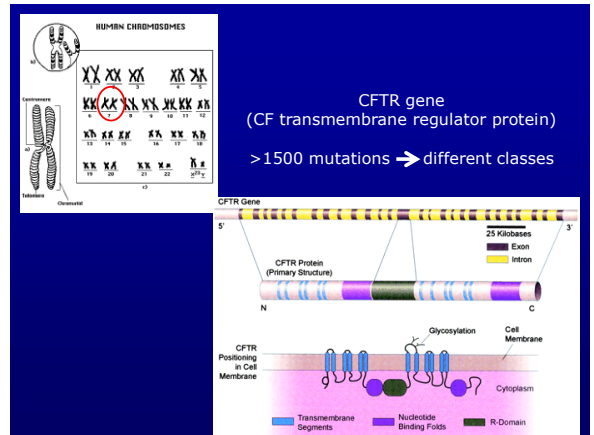
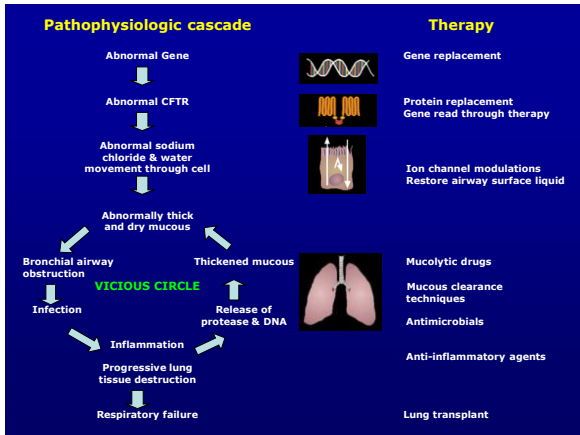
## Inhaled Antibiotics in Development

- **Inhaled monobactam**  
Aztreonam Lysine for inhalation (Gilead)
- **Inhaled fluoroquinolones**  
Ciprofloxacin Dry Powder for Inhalation (Bayer)  
Levofloxacin Solution for Inhalation (MPEX)  
Inhaled Liposomal Ciprofloxacin (Aradigm)
- **Inhaled aminoglycosides**  
Tobramycin Dry Powder for Inhalation (Novartis)  
Arikace (liposomal amikacin) (Transave)
- **Inhaled aminoglycoside/phosphonic acid**  
Tobramycin/Fosfomycin for Inhalation (Gilead)

## 'Disease modifying drugs'

Designed to cure the core problem of CF

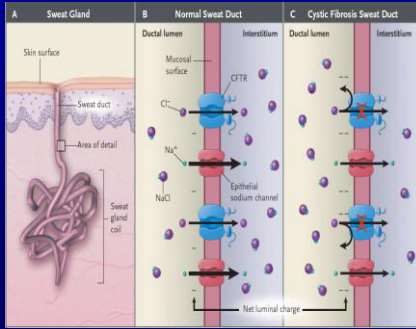
- Gene therapy
- Protein repair
- Influence on ion fluxes
  - more chloride outside
  - less sodium inside
- More water on the epithelial layer



## Activity of Cl channel

- Sweat test  
Pilocarpine iontophoresis  
abnormal: Cl > 60 mEq/l  
normal: Cl < 30 mEq/l
- Nasal potential difference test (NPD)  
Cl secretion (nose)

## Transepithelial chloride transport: Sweat Test



## Transepithelial chloride transport: Nasal Potential Difference (NPD):



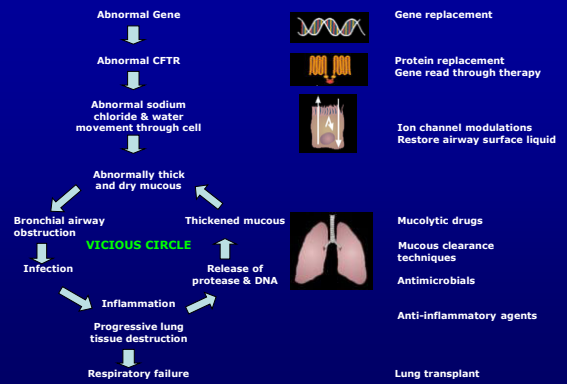
## Gene Therapy

First choice as real curative therapy

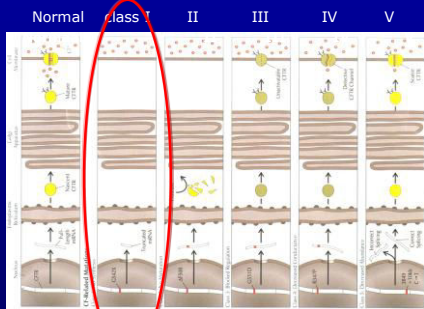
**BUT**

vector problem  
duration  
insufficient clinical effect

### Pathophysiologic cascade



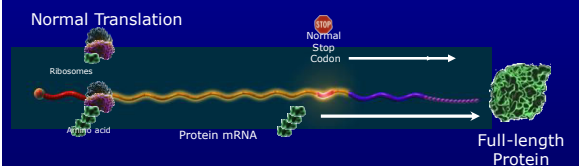
## CFTR mutation effect on CFTR protein function



Adapted from *Hospital Practice*, 1997

## Normal 'translation' of genetic information

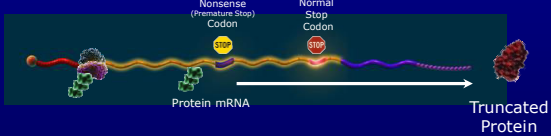
→ a full-length protein is synthesised



Nonsense mutation = premature stop of 'translation'

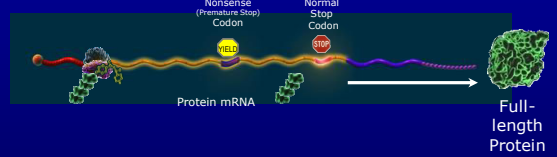
→ truncated protein

Premature Termination

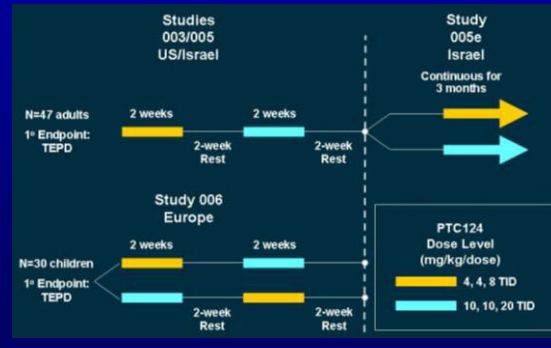


PTC124 ignores the nonsense mutation

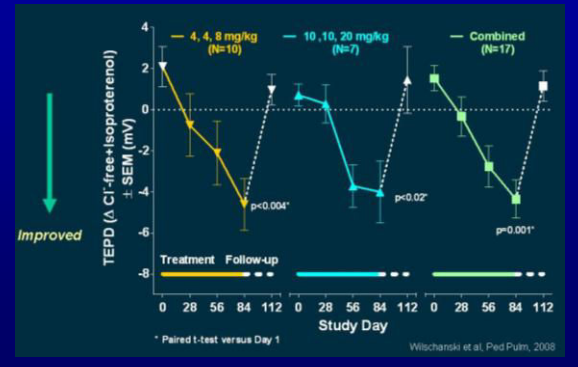
PTC124



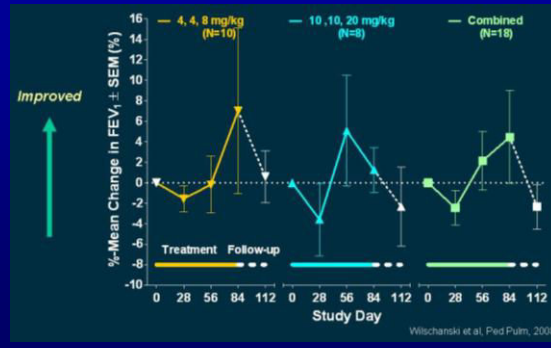
Phase 2a studies met PTC 124



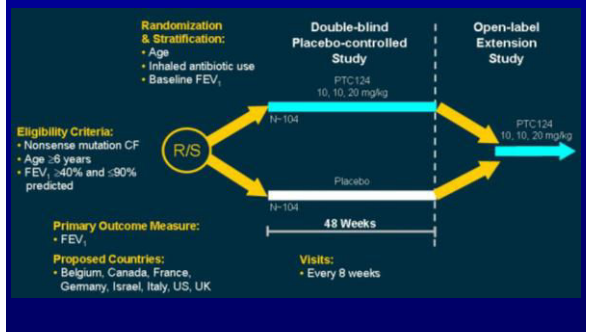
PTC124 ameliorates NPD

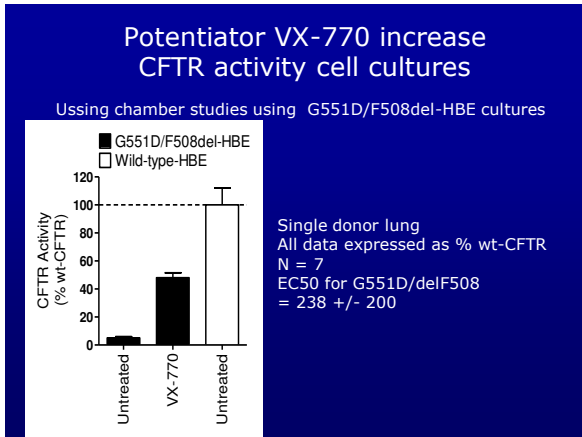
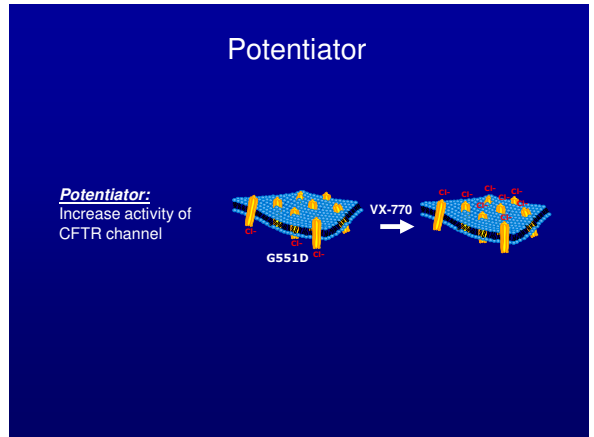
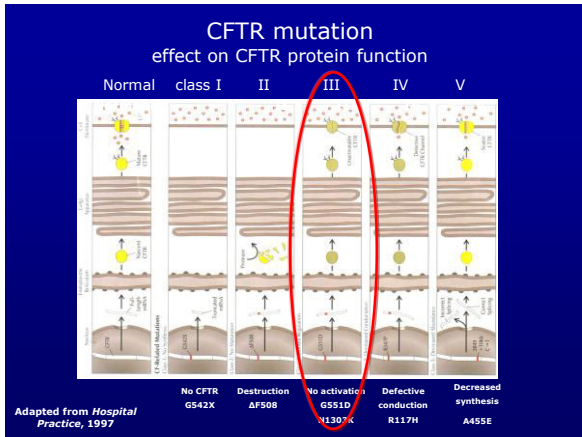


PTC124: slight positive effect on FEV<sub>1</sub>



PTC124 phase 2b/3 is planned



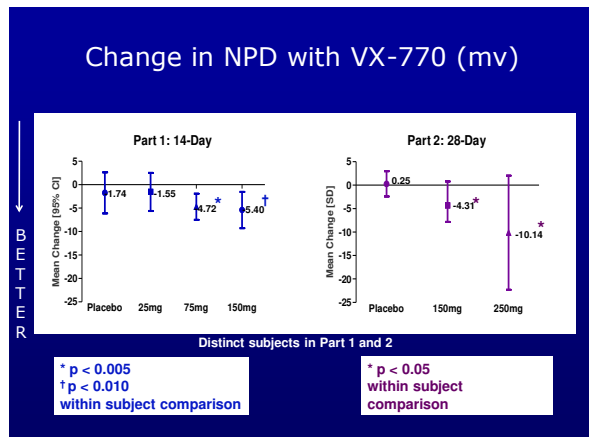
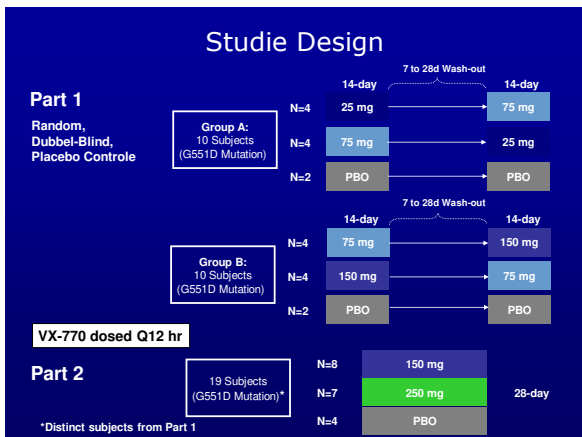


### Phase 2a Study of VX-770

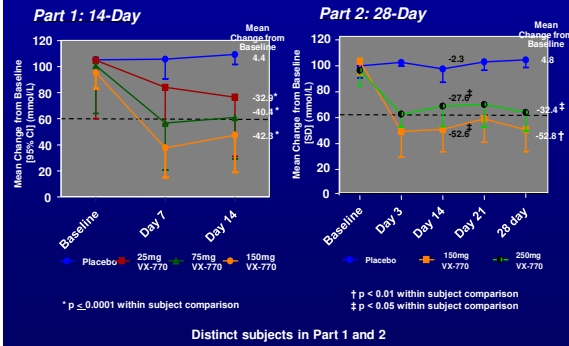
- Primary Endpoints:**
  - Safety and tolerability
- Secondary Endpoints:**
  - Biomarkers of CFTR activity and lung function
  - PK parameters

**Subjects with G551D were chosen for the initial study due to the normal trafficking of G551D-CFTR to the cell surface**

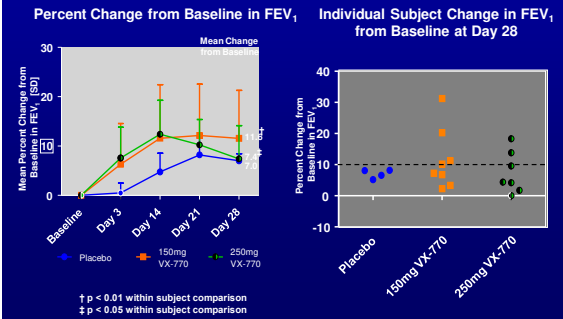
- Nasal Potential Difference:** Direct measure of CFTR function and other ion channels in the upper airway
- Forced Expiratory Volume (FEV<sub>1</sub>):** Measure of lung function
- Sweat Chloride Concentration:** Measure of CFTR function that is commonly used to diagnose CF



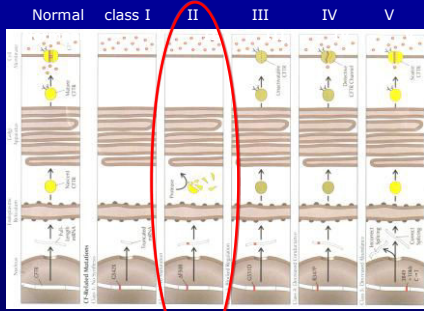
## Change in sweat chloride with VX-770



## Improvement of FEV<sub>1</sub> with VX-770



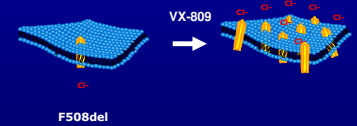
## CFTR mutation effect on CFTR protein function



Adapted from Hospital Practice, 1997

## Correctors

**Corrector:**  
get more CFTR channels in cell surface



## Vertex Program

- Oral medication
- Dubbel doel:

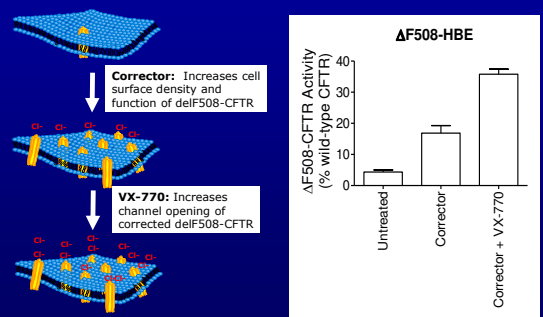
**Potentiator:**  
Increase activity of CFTR channel



**Corrector:**  
get more CFTR channels in cell surface



## Corrector and potentiator Effect on delF508 CFTR Activity



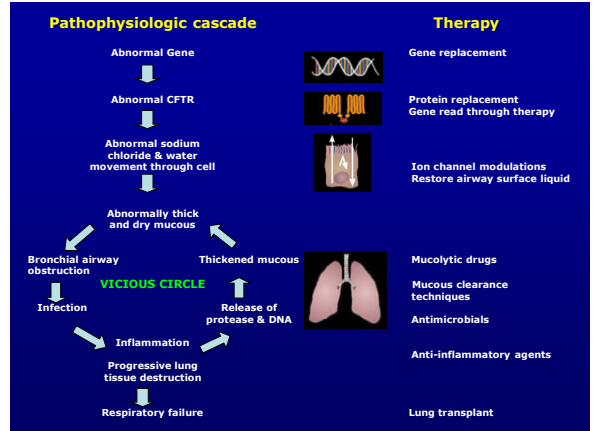
## VX-770 and VX-809 Development Status

### VX-770:

- Continue analysis of the Phase 2a study
- Phase 3 studies were initiated in may 2009  
randomized, double-blind, placebo-controlled

### VX-809:

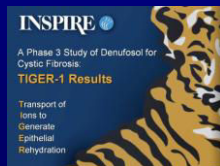
- Phase 1 healthy volunteer studies
- Phase 2 safety study in delF508 patients in 2009



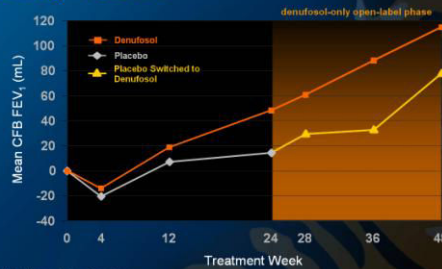
## Denofosol

- P2Y2 activator
  - activation of alternative chloride channels
  - improvement of Airway surface liquid
  - improvement of mucociliary transport

side effect: temporarily lower FEV<sub>1</sub>

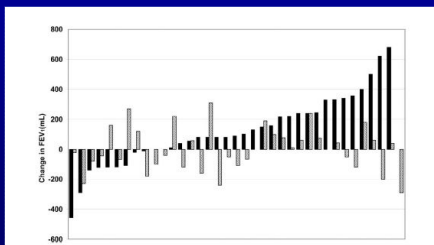


## Mean Change from Baseline in FEV<sub>1</sub> During TIGER-1



'Bronchitol' = mannitol  
a sugar attracting water

better lung function



M P

Chest 2008

A current challenge for investigators and patients

- One goal is a better way to measure improvement
  - Nasal Potential Difference testing
  - 'Lung clearance index'
  - a more accurate lung function test
- We want better drugs
- We want quality and efficient research
  - A European network for CF research
- A lot of work for investigators and patients

Our goal is to 'cure' CF

## Realistic expectations

We never know in advance which drug will be a success for future treatment of CF

